CSULA Emeriti Faculty Biography

Name: Janet A. Seaman

Department: Physical Education

Academic rank: Professor

Year appointed: 1972 **Year retired**: 1998

City of residence: Sacramento, California

Email: janseaman42@comcast.net

Birth Place: Mitchell, South Dakota

Birth Year: 1942 **Marital status**: Domestic Partner

Spouse or partner's name: Mary C. Marks

Colleges or Universities Attended:	**Year**	**Degree**
University of Omaha (now UNO)	1964	BS
University of California, Santa Barbara	1967	MA
University of Indiana	1972	PED
California State University, Los Angeles	1988	MS

Teaching Experience:

Institution	**From**	**To**
University of California, Santa Barbara	1964	1966
Ventura College	1966	1970
Indiana University	1970	1972
California State University, Los Angeles	1972	1998

Courses taught:
At the undergraduate level, primarily teacher preparation: adapted physical education.
At the graduate level, adapted physical education, research methods

Scholarly / Creative Activity:

- *Physical education for Individuals with Exceptional Needs. (1985)* California State Department of Education, Sacramento, CA.
- *The New Adapted Physical Education*. (1989) With K. DePauw. Mayfield Publishing Co: Mountain View, CA.
- *Physical Best and Individuals with Disabilities: A Manual for Inclusion*, (1995). American Alliance for Health, Physical Education, Recreation and Dance. Reston, VA.
- *Sensory Motor Experiences for the Home. (1996 2nd Ed.)* American Association for Active Lifestyles and Fitness, Reston, VA.
- *Exercise Principles and Guidelines for Persons with Cerebral Palsy and Neuromuscular Disorders,* (1999). Washington, DC: UCP Research and Educational Foundation (invited).
- *Fitness Testing for Individuals with Disabilities*, (August 1999). Invited presentation to the International Sport Science Congress, Seoul, Korea.

- *Physical Fitness for People with Disabilities,* (March 1999). Research Digest, Washington, DC: President's Council on Physical Fitness and Sport (invited)
- *Making Connections: Looking Back to the Future,* (2006). Keynote address at the National Adapted Physical Education Conference, Los Angeles, CA. November.
- *APEAS II:* A motor performance test for students 4.6 to 17 years. (2007). With C. Martinich, D. Cariaga and C. Fox. Launched website for this downloadable tool, Dec. 14, 2007. Reston, VA: AAPAR. (see: www.aapar-apeas.org)
- *Making Connections: From theory to practice in adapted physical education,* 2nd Ed.. (2007) With K.P. DePauw, K.B. Morton and K. Omoto. Scottsdale, AZ: Holcomb-Hathaway Publishers

Administrative, Business, or Professional Experience:

Agency or Company	**From**	**To**
City of Anaheim—Parks & Recreation Dept. (summers)	1973	1980
Crippled Children's Society—L. Frank Center, Pasadena	1982	1984
Administrative Fellow—CSU, Dominguez Hills	1985	1986
Director Associated Clinics—CSULA	1987	1992
Executive Director, American Association for Active Lifestyles & Fitness	1994	2006

Awards, Honors, Professional Recognition:

- Outstanding Young Woman Scholar Of The Year, Awarded by the American Association of University Women for Outstanding University Service and Research, California State University, Los Angeles, 1977.
- Presidential Citation, As member of the State Task Force on Standards for Professional Preparation in Adapted Physical Education; author of Emphasis Credential in Adapted Physical Education, San Diego, April, 1979.
- Honor Award, Second highest award granted by the CAHPERD for outstanding professional service, Los Angeles, April, 1981.
- Outstanding Alumni Award, for outstanding contributions to the field of education, School of Education, University of Nebraska at Omaha, 1990.
- Outstanding Professor Award, California State University, Los Angeles, September, 1990.
- Southwest District/AAHPERD Scholar, for scholarly contributions made to the literature and the profession, Scholar Lecture given in Phoenix, AZ, Feb. 14, 1992.
- Verne Landreth Award, Highest honor awarded for service and professional achievement by CAHPERD, March, 1992.
- AAHPERD Honor Fellow Award, for outstanding professional service to AAHPERD and the profession, 1994.
- John R. Endwright Alumni Service Award, for outstanding service and contributions to the Indiana University School of Health, Physical Education and Recreation and its Alumni Association, 1996.
- William A. Hillman Distinguished Service Award, for long standing commitment to the profession and discipline of physical activity for individuals with disabilities. Presented by the National Consortium on Physical Education and Recreation for Individuals with Disabilities, 1998.
- North American Society For Health, Physical Education, Recreation, Sport And Dance Professionals, Charter Inductee, Orlando, Florida, March 2000.
- Phyllis Blatz Exemplary Leadership Award, awarded by CAHPERD for outstanding leadership in the profession, Sacramento, CA, 2003.
- AAPAR Honor Award for outstanding professional service to AAPAR and the

profession, Ft. Worth, TX, April 2008.
- Adapted Physical Activity Council of AAPAR, Julian U. Stein Award for lifetime achievement in adapted physical education. Tampa, FL, April 2009.
- Jan Seaman National Recognition Award, created by AAPAR to recognize national organizations that share the vision and mission of AAPAR. Created and awarded for the first time in Indianapolis, IN, April 2010.

Citations of Selected Publications, Presentations and/or Creative Activities:
- See above under Scholarly / Creative Activity.

University Service:
Served on various departmental, school and university committees:
- Committee on Committees
- Faculty Affairs
- Deans Council
- School of HHS—Curriculum Committee
- Departmental Graduate Committee
- RPT Committees
- Exercise Science Coordinator
- Adapted Physical Education Coordinator

Personal commentary:
I am active in church and community service. I play golf 2-3 times a week and have returned to bowling—a sport I participated in with my family growing up. I am going to be inducted into the hall of fame at my high school in Omaha in May 2011. It is called "Vikings of Distinction" and recognizes alumni, faculty and friends of North High for their contributions to society.

Date completed: February 3, 2011