Taking Care

of ourselves, each other, and the earth

Three cultures great ideas
we can use in our class
and our lives

Ubuntu

From the Zulu people in South Africa

What does it mean?





“Ubuntu is the essence of being human. You can't exist as a human being in isolation. You can't be human all by yourself, and when you have this quality - Ubuntu - you are known for your generosity. We think of ourselves far too frequently as just individuals, separated from one another, whereas you are connected and what you do affects the whole World. When you do well, it spreads out; it is for the whole of humanity..”

—Bishop Desmond Tutu



In your own words write down what ubuntu means in marker on a post it

In Lak'Ech ... Hala Ken



WHEN MAYAN'S WOULD GREET EACH OTHER THEY WOULD SAY "IN LAK'ECH" WHICH WOULD MEAN I'M ALSO LIKE YOU. AND THEY WOULD RESPOND BACK "HALA KEN" WHICH WOULD STAND FOR YOU ARE ANOTHER LIKE ME.



Math Homework

Return last night's sheet (and any late homework)

Where is Mrs. Basil E. Frankweiler?

IN LAK'ECH

TÚ ERES MI OTRO YO.

YOU ARE MY OTHER ME.

SI TE HAGO DAÑO A TI,

IF I DO HARM TO YOU,

ME HAGO DAÑO A MI MISMO.

I DO HARM TO MYSELF.

SI TE AMO Y RESPETO,

IF I LOVE AND RESPECT YOU,

ME AMO Y RESPETO YO.

I LOVE AND RESPECT MYSELF.

Write down or draw an image that shows the essence of In Lak'Ech in marker on a post it

Nahui Ollin - The Four Movements

This Aztec concept from pre-Columbian Mexico involves four concepts — self-reflection, knowledge, action, and transformation — these are represented by the names of four Aztec gods.





Tezcatlipoca

Self-reflection: we should silence the distractions and obstacles in our lives, in order become intellectual warriors

Quetzalcoatl



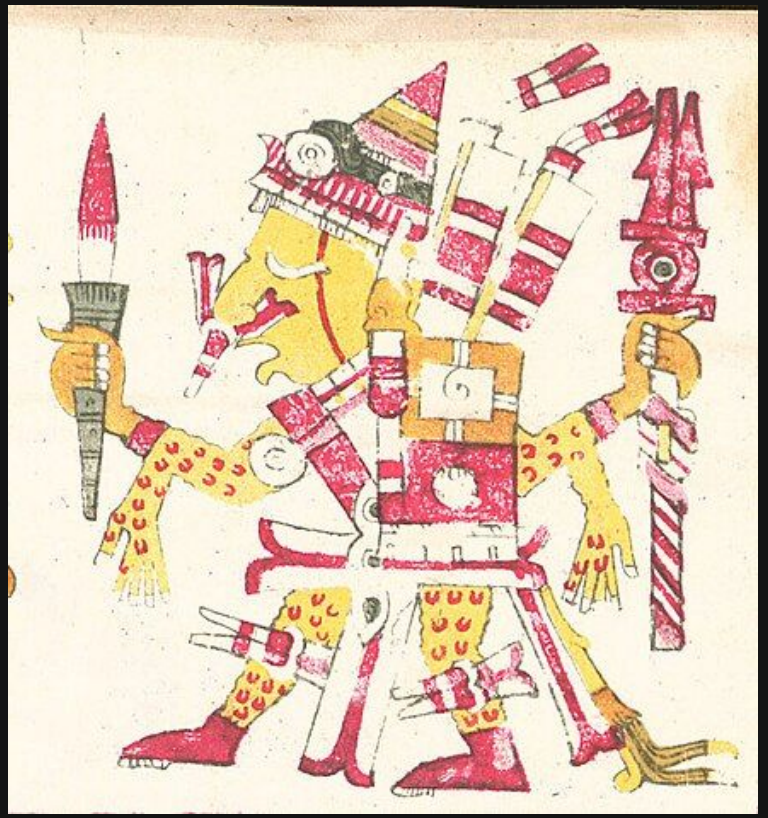
Knowledge: this is precious and beautiful, we should listen to each other with humility, respect, and love in order to become mature humans



Huītzilōpōchtli

Action: we should have the self discipline to be positive and creative, to create change for ourselves and our community

Xipe Totec



Transformation: we must embrace new knowledge and put it to good use in our hearts and minds

Nahui Ollin In Practice

What is something we could do as individuals or as a class to illustrate these concepts?

Go to each of the four corners and add something to the poster. Read what others have written.

3 Worldviews

In what ways are Zulu ubuntu, Mayan In Lak'Ech, and Aztec Nahui Ollin similar and important?

I am - We are

Let's make art individually and together



1. Choose and cut pieces pizza slice style with framing. Glue on with gaps between.





2 Glue on circle in middle. Add I am.

3 Brainstorm and write what makes you yourself on blank paper in ink. Cut out and glue on.



Who am I?

Brainstorming your identity in I am statements

What do you love to do in your free time?

Who are you in relationship to others?

What are your core values?

What roles do you take on?

What is your family background?

Classroom Culture

individual-group-community

expectations/rewards/consequences

school service/community service

From what we learned from these 3 worldviews let's list our classroom rules positively
We can add more at future class meetings

What are appropriate and meaningful consequences for not following these group created rules?

What can we do for school service from 1-1:15 every other Wednesday that gets everyone helping and improves the school?

16 days x 15 minutes x 28 people=

What materials do we need to accomplish this?

What can we do in our neighborhood/community to take care of our environment? We can use our class meeting time one Friday a month.

Check In

How are we reflecting Ubuntu, In Lak'Ech and Nahui Ollin in class?

Do we have revisions to our rules and consequences?

Is our school service plan effective? Is our community service plan working?