THE EMERITI ASSOCIATION

California State University, Los Angeles

Volume II, Number 1 December 1980

Executive Committee Decides to Publish Extra Newsletter

In the September 1 issue of the Emeriti Newsletter, readers were told to expect to receive their next issue in March, 1981. However, the response to the newsletter has been so overwhelmingly favorable that the Executive Committee decided at its October meeting to expand the publication schedule by adding this December issue. The March, 1981, issue will be published, as scheduled.

Incidentally, this December issue provides the officers and directors of the Emeriti Association the opportunity to extend season's greetings and best wishes to everyone!

THE EDITOR

Dinner and Theatre Performance Enjoyed By Record Number

Emeriti filled both the dining room of the University Club and front rows of the University Theatre on November 22, when 60 persons attended the second Playnight sponsored by the Association.

After sating themselves with fine food and drink, those comprising the largest group of emeriti ever assembled were enthralled by Professor Walter Beaver's insightful biographical sketch of Maris Ubans, director of the play of the evening, "Once Upon a Mattress." Beaver's background on Maris and "Mattress" gave additional zest to the lively, well-cast production.

Mary Huber was in charge of arrangements, assisted by Bernice Smith, Helen Truher, John Niederhauser, Mike Grisafe, and Bob Forbes.

Alice Thompson Recovering

Alice Thompson is reported as making good progress toward recovery from a fractured ankle, suffered in a fall.

Development of Emeritus Programs Praised by Fall Meeting Speakers

Positive attitudes towards the development of Emeritus programs at both the Cal State L.A. campus and the statewide level were expressed by three influential speakers at the general meeting of the Association in the University Union on September 29.

Speaking to 35 member of the Association, the largest group ever to attend a gathering of Cal State L.A. Emeritus Professors, were James Rosser, President of the University; Robert Tyndall, Acting Vice Chancellor for Faculty and Staff Affairs, and Robert Kully, Chair of the Statewide Academic Senate. All three commended the group for its activities and predicted an enlarged role in the future.

Chancellor Tyndall noted that the greatly increased number of retirees throughout the state calls for prompt and increased attention to pre-retirement services, the position of Emeritus faculty on campuses, and the inauguration of programs on individual campuses. He noted that Cal State L.A. seems to be the only one of the 19 State Colleges and Universities to begin an association for Emeriti.

"We must look into more comprehensive and uniform provisions on all campuses," he stated. "We want to know what you are doing and what we can do to assist you, and in turn, Emeriti at other universities."

He expressed the hope that health benefits may be enlarged and that campuses will be encouraged to provide more privileges for Emeriti, including office space, and the use of libraries, laboratories, etc.

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SPECIAL FEATURES

Appearing as an insert in this issue of the Emeriti Newsletter are two special feature articles, prepared by Association members at the invitation of President Forbes:

A STITCH IN TIME, by Sam Caplin, offers some helpful hints on how to keep healthy.

FINANCIAL MANAGEMENT FOR SURVIVAL IN THE 1980's, by George Francis, offers some advice on keeping your bankbook healthy.

Also offered as a special feature on the third page is the University's policy statement on emeritus status in the Faculty Handbook.

100 EMERITI BECOME ACTIVE MEMBERS

Treasurer Mike Grisafe reported at the November meeting of the Executive Committee that a total of 100 of last year's members of the Association had responded to the September 1 letter by paying their dues for 1980-81.

Those responding included one Contributing ($100) Member, seven Life ($50) Members, three Support ($25) Members, and eight Sustaining ($10) Members.

Mike is still on the prowl for 17 Emeriti who were members last year but have not renewed for 1980-81. He also is anxious for a larger response from the new class of Emeriti, only 14 of whom he has heard from.

As an interesting sidelight to his report on dues payments, Mike reported a breakdown of geographic distribution of the 117 members from last year, which shows that two who joined live outside the country, nine live outside the state, and 20 reside at some distance outside the Los Angeles area. That leaves 86 members residing within commuting distance of the University.

Members Are Invited To Submit Nominations For Slate of Officers

Cliff Dobson, chairman of the Nominating Committee, urges members of the Emeriti Association to make their recommendations for officers for the coming year. Offices in which vacancies occur this year are: Vice President, Treasurer, Delegates-at-Large (2), and Senator.

The Constitution of the Association provides that the President, the Vice-President as President-Elect, and the Immediate Past President serve for one-year. The Secretary and the Treasurer serve for two-year terms, taking office on alternate years. The four Members-at-Large serve two-year terms, two of them taking office in alternative years.

Mail or call your recommendations to: Cliff Dobson, 9348 Friendship Ave., Pico Rivera, CA 90660.

The deadline for recommendations is January 15, 1981. The slate recommended by the Nominating Committee will appear in the spring issue of the Newsletter. The election will be held at the annual business meeting in April.

EMERITI ASSOCIATION
California State University Los Angeles

OFFICERS

President
Robert Forbes

Vice President
Alice Thompson

Immed. Past President
Clifford Dodson

Secretary
J. M. Metcalf

Treasurer
Michael Grisafe

Members-at-large
Executive Committee
Sidney Albert
Leslie Cromwell
Donald Mortensen
Alvin Tuohino

Senator
John Niederhauser
Alternate: Burton Henry

Editor of Newsletter
William Lloyd

All correspondence: Emeriti Center, Administration 812, California State University, Los Angeles, 5151 State University Drive, Los Angeles, CA 90032.

Having Any Trouble With Your Hearing? Call Don Kinstler

Don Kinstler, recently retired audiologist, has come up with a great and generous offer for any Emeriti who are worried about their hearing. He says he will be glad to check it out for them—"at no charge, of course." Just call him at (213) 255-4949.

Don has just opened a new office at 2010 Wilshire Boulevard in L.A. His main interest is in medico-legal audiology, whatever that is. He also is doing basic audiology (hearing evaluation, monitoring audiometry, hearing aid selection and evaluation), and is planning to continue to teach one quarter yearly.

Professional & Personal

HOWARD McDONALD, the Association's first Contributing ($100) Member, reports: "I am going just as hard as ever. I spend two days each week working in the Los Angeles Temple (Mormon). Other times I spend working in the garden or traveling to places of interest."

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JAMES J. STANSELL reports that he is putting his talents to work twice weekly at Claremont College, reading textbooks onto tape for blind college students, through Reading for the Blind, Inc., NYC. Jim's newest project is teaching English to three Armenian women who are seeking U.S. citizenship. Also, he spent three weeks early this year on a guided archaeological tour of Ecuador, Peru, Brazil and Chile.

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THOMPSON BLACK, JR. reports that he has been slowed down since December with sciatic nerve involvement, plus problems from arthritis and diabetes, but is hoping latest treatment will bring about improvement. Trust you'll soon be hitting them long and straight off the tee again Tom!

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ESTHER WALKER BUCCIERI writes from Camarillo that she toured Egypt last February and was going to make her second trip to China in Oc-

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Emeriti May Arrange Library Privileges On Other Campuses

University Librarian Morris Polan, responding to an inquiry at the September general meeting, advises that it is possible that emeriti faculty may be able to arrange for library privileges at any campus of the California State University and Colleges or the University of California.

Morris suggests that interested persons should inquire of the librarian on the appropriate campus. If any problem arises he has volunteered his own good services to clarify the situation.

As far as library privileges at Cal State L.A. are concerned, Morris has assured the Association by memorandum that emeriti faculty have the same borrowing privileges as all members of the active teaching faculty. Those who do not have Library courtesy cards may arrange for them quickly and easily at the circulation counter in Library North.

4 Faculty Members Get Emeritus Status

The granting of emeritus status to four members of the University faculty, effective June, 1980, has been announced by President James Rosser. This brings to 40 the total granted emeritus status this year. Those added are:

Miriam M. Blomquist, Nursing (1966-1980)
John Haralson, Psychology (1951-1980)
Wanda L. King, Nursing (1965-1980)
Ann M. Richardson, Psychology (1959-1980)

SJ State Proposing Emeriti Association

San Jose State University's Professional Standards Committee has drawn a policy resolution defining emeritus faculty status and eligibility qualifications, listing emeritus faculty privileges, and proposing the establishment of a voluntary Emeriti Faculty Association.

Cromwell Appointed Representative-at-Large

Leslie Cromwell has been appointed as a Representative-at-Large on The Executive Committee to replace Amy Brainard, who resigned in October after three years of dedicated service.

FINANCIAL MANAGEMENT FOR SURVIVAL IN THE 1980's

George N. Francis, CPA

Within a year or two after our retirement, most of us got a real jolt. We found we were trapped economically by one inescapable fact: our pension is relatively fixed (does not increase more than 2% or so a year), whereas the cost of almost everything we buy is going up at 12% to 14% each year.

For how many years will the income stretch to meet living expenses? To what extent do we need to use up savings to maintain a certain standard of living? We have a problem. We would like to share suggestions with you from time to time which might help.

1. Because our pension system has the above serious weakness, before you cut the strings and retire, carefully analyze your present income, present payments and expense (from your records). Try to project what these same figures will be after retirement, in one year, in two years, in three years. See if one additional year's salary and savings, one additional year of service credit, would be wise, and is it worth it to you.

2. Time your collections from your tax deferred annuities or deferred compensation as much as possible into your lowest bracket years after retirement (1½% to 2½% years usually).

3. You may have been losing out on income tax reducing opportunities. These are numerous, and in some cases complicated. This year early in December buy a copy of J K Lasser's "Your Income Tax" for about $4, and really study it for suggestions and tax savings. Three or four hours invested could alert you to hundreds of dollars of taxes saved. Each year the law is changed, sometimes radically. For instance, the California inheritance and gift taxes were radically altered, and further changes take place as of January 1, 1981.

4. Many families now keep a detailed record of all money received and all money spent, recorded by date, amount, and purpose. If you will keep such a record for even a few months, you may be surprised to find out what amounts are going where, what amounts are spent for impulse items, or what is spent unrecorded and is an unnoticed waste. Keeping such a record will help you make the most of your available funds and to put first things first, and even possibly be a source of savings increases.

5. Be sure you are getting a reasonable rate of return on your investments. If a stock was bought which turns out to be a dud, or is providing inadequate growth or income, could the money released from its sale now be invested in a much improved return?

Have you investigated the yield on 26-month deposits at the savings and loan, or on T-bills, or the liquid asset type funds of Dean Witter, Merrill Lynch, etc., or the yield on good second trust deeds, now paying 16% or more?

A STITCH IN TIME

Samuel M. Caplin

Aging is an inevitable process by which cells gradually lose their capacity to divide, to repair themselves and ultimately to function. The basis of this process is ascribed mostly to cumulative damage to genes from continuous cosmic and other background radiation. Environmental pollution of earth, water and air also can adversely affect longevity and the quality of life.

Those of us who were wise enough to have well-chosen parents have genetic advantage to reach the maximum life span. Nevertheless, each of us can contribute directly and importantly to personal health maintenance and attendant prevention of the debilitating malfunctions which result in so many premature deaths. It is sad to see colleagues so needlessly flicked away when they yet have so much to contribute and enjoy.

Physicians practice crisis rather than prevention medicine, in addition to which doctors are not nutritionally oriented. Even now only few medical schools have even a single course in nutrition. Nor does the system allow a busy practitioner to take time out to advise us on preventive care especially in terms of our individually different needs.

With increasing age often appear cataracts, high blood pressure, arthritis, atherosclerosis, strokes and heart attacks, assorted benign and malignant tumors and problems of prostrate, wrinkled and sagging skin, baldness, etc. Not a pretty picture! Yet many of these are either preventable or can be attenuated. What we can do is to take greater charge of our lives, to be informed. As a good start I suggest the following two sources:

Prevention ($10.00 per year. 33 East Minor Street, Emmaus, PA 18049) is a monthly periodical containing articles which survey many aspects of health, nutrition and specific diseases. Carleton Fredricks' "Hotline to Health" provides gleanings from current nutrition literature. Even letters to the editor often provide useful information.

Then there is Jonathan V. Wright, M.D., who has a "Prevention Clinic" article in each issue, now compiled into **Dr. Wright's Book of Nutrition Therapy** (Rodale Press, $15.95). Each case is like a very short "detective" story, the orientation nutritional-biochemical. Drugs or surgery are considered only as a last resort. He provides journal references for the solution of each case.

Both sources provide a good basic start toward enlightened self care. Happy exploring.

10% Cost-of-Living Supplement Voted For PERS Members

Emeriti faculty who retired prior to January 1, 1980, but have not kept up with what goes on in Sacramento, were pleasantly surprised to receive a substantial (30%) supplementary payment with their December 1 warrants from the State Controller.

As explained in an accompanying note, the payment represents the first of eight quarterly payments to be made by the Public Employees' Retirement System over the next two years as a 10% cost-of-living supplement. Directing the payment was Assembly Bill 2674, passed at the last session of the State Legislature.

Eligible to receive the supplement were some 145,000 PERS members who were eligible for the PERS monthly allowance on December 31, 1979, and were receiving payments on October 1, 1980. This seems to exclude those who have retired during 1980.

The second quarterly payment will be included with January 1, 1981 warrants, according to PERS.

FALL MEETING

Continued from First Page

Speaking to Association members for the second time during the year, President Rosser commented upon some current objectives in the growth and development of Cal State L.A., complimented the Association on its progress, and encouraged the Association to be of assistance to other universities.

Amplifying a point made by Vice Chancellor Tyndall, President Rosser noted that policy needs to be established concerning the granting of Emeritus status. "What are the qualifications?" he asked. He expressed the hope that the Association would in some ways involve itself constructively in advancing some of the current objectives for the University. "Maybe you could do something within the 'honors program'," he suggested.

Bob Kully, also appearing before the group for the second time, encouraged the Association to contact other institutions and to assume leadership in forming a statewide organization for Emeriti. He summarized some of the important developments within the Academic Senate and the Board of Trustees, including the establishment of a revised general education program, changes in the procedures for selecting university presidents, and efforts to improve instructional performance.

Urged To Give Support

Both President Rosser and Chair Kully spoke about the proposed revision of the salary schedule, and Emeriti were urged to review the proposal and to exert influence in the proper direction.

Responding to speakers Tyndall and Kully, Alice Thompson, Vice President of the Association, briefly described the questionaire which has been mailed to all State Colleges and Universities. Its purpose is to secure additional information about Emeriti organizations on other campuses and the interests of these campuses in establishing associations.

Arrangements for the general meeting were made by members of the Hospitality and Welfare Committee.

Those attending were Georgia Adams, Sidney Albert, Esther Andreas, Francis Baxter, Joseph Beckstead, Morris Better, Amy Brainard, Samuel Caplin, Curtis Coons, Leslie Cromwell, Cliff Dobson, Celeste Griffith, Mike Grisafe, Keith Gummere, Jessie Gustafson, Robert Hahn, Don Kinstler, Ralph Kloepper, John LaMonica, Bill Lloyd, William Mays, Jay Metcalf, Don Mortensen, John Niederhauser, Dorothy O'Brien, Hudson Roysher, Bernice Smith, James Stansell, Joseph Stubbins, Ellenore Takeda, Harry Thrasher, Maurine Timmerman, Helen Truher, Alice Thompson, and Bob Forbes.

POLICY ON STATUS OF EMERITI FACULTY

The current policy statement concerning the status of the emeriti members of the University faculty, as adopted by the University's Academic Senate and approved by the President, appears in the **Faculty Handbook**, *pp. 165-166.*

Upon the recommendation of the candidate's school and with the approval of the President, emeritus status may be granted to a faculty member who has retired from an active position after at least ten years of service at the University. Attainment of emeritus status need not entail a severing of ties with the University. Indeed, this institution is committed to fostering an active continuity of relationship with emeriti—especially with those who still reside in its vicinity.

They remain members of the academic community and are welcome on campus. They are urged to retain an active interest in the University at all its levels, and to participate in its academic and cultural life on a scale and in a manner suited to their change in status. They are invited to continue to contribute to the welfare and mission of the University and to share in its amenities.

Every effort will be made to encourage the endeavors of those Emeriti who remain actively engaged in research and scholarly publication. As appreciative sponsor of their scholarship and beneficiary of the academic reputation they earn, the University undertakes to facilitate their labors by making available such of its academic resources and other services as are legally and fiscally feasible.

Emeritus status of the individual is recognized by inclusion at the head of the appropriate departmental faculty listing as well as in the special listing of Emeriti in the **Catalog** until one year after death.

Additional honors and privileges accorded Emeriti include faculty library privileges; recommendation for life membership in the Alumni Association; a special staff identification card from the Office of the President; inclusion in campus and home directories (unless declined); receipt by mail of copies of the **Faculty Bulletin, Calendar of Events,** and similar informational publications (unless declined); listing on the University speakers roster, if desired; notification of all important developments or changes affecting their interests or relations with the University or with the state university system; access to and guidance concening pertinent retirement benefits information; invitations to participate in all commencements, public ceremonies, and convocations on the same footing as other faculty members; invitations to participate in appropriate seminars, colloquia, lectures, and other scholarly meetings, both as contributors and as audience; selective invitations to participate in campus councils as consultants, where appropriate and legal; free admission to musical, dramatic, athletic, and other campus performances; life membership in the University Club; access to campus rooms and facilities for meetings and reunions of Emeriti; free campus parking privileges.

Professional & Personal

Continued from Second Page

tober. Sounds like a candidate for "Most Widely Traveled Emerita, 1980".

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HARRY K. THRASHER, who completed his stint as Association secretary last year, reports that he drove and camped his way back to Illinois, Kentucky, and Tennessee during the summer for reunions and visits with relatives. Then, he reports, he turned it into a vacation in Canada, where he found great camping, gasoline prices and scenery, did a pass-by of Mt. St. Helens on way back.

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ROSS BECKSTEAD reports: "Six years retired and this is the first year I have not taught a class or two at Cal State. I taught two years at USC on a part-time basis also. There are plenty of other things to do, however. Golf is still fun and travel interests me — almost every year a trip to Europe for the past 12 years. I also play on my viola and will be playing in Mexico this fall."

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GEORGIA ADAMS is now Secretary-General of the International Council of Psychologists, a network of 1300 psychologists from 58 countries. She had the responsibility for planning their 1980 convention in Bergen, Norway, and is now planning their 1981 conventoin at UCLA. In November she received the Distinguished Pi Lamda Thetan Award, given annually for distinction in one's professional career and in service to Pi Lambda Theta. Georgia has been invited to write the article on "Attitude Measurement" for the fifth edition of the Encyclopedia of Educational Research.

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AKE SANDLER is preparing a chapter for a forthcoming book, entitled "The Ombudsman: An International Handbook", to be published in 1981 by Greenwood Press.

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ROY B. TOZIER sent a note with his dues payment, saying "I should like to hear from Emeriti members who knew me during the years I taught at Cal State L.A. I have been retired for 15 years and in all that time I have not seen nor heard from my former colleagues!" (For you oldtimers who remember Roy, his address is 17444 Plaza Destacado, San Diego 92128).

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EMMETT GREENWALT sent along a note with his dues payment, saying "Life membership in the Emeriti Association is admittedly somewhat of a gamble for someone in his 74th year, but I want to be sure you all keep that excellent newsletter coming that Bill Lloyd puts out. Despite a hearing handicap that restricts my social activity, I am enjoying retirement." (Thanks for those kind words, Emmett).

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PAUL SCOTT writes that he and Beryl are traveling a lot with Our Gang, sponsored by their bank. Included have been a trip to Hawaii (4 islands), to Northern California and Clear Lake with ride on train from Willits to Ft. Bragg, to Oak Creek Canyon and Phoenix in Arizona. "Beryl and I read a lot, write a little, garden a lot, and have excellent health. My old heart, has repaired itself; cancer is in remission; eyes now 20-20 with three pairs of glasses."

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MARIAN WAGSTAFF sent congratulations on setting up Life Membership and stated she will join. Also labeled newsletter "excellent". (Thanks, Marian).

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JAMES BRIGHT WILSON writes: "I have retired again! During the past four years it was my great joy to lecture on the great religions of the world for Saddleback Community College under the auspices of the Emeritus Institute. Old age caught up with me!

"On June 9, Tennessee Wesleyan College, Athens, Tenn., awarded me the degree Doctor of Humane Letters. I graduated there in 1931. Sounds dreadful!

"We moved to Leisure World March 31. This is a 'guarded' community; security measures are excellent—but shortly before we moved here someone broke in and stole the kitchen hardware; every knob was gone. I lived in L.A. and El Toro for 41 years and never lost one item. Take heart, all of you who live outside the walls!"

WILLIAM S. TING reports that he has completed two books since retirement: "Mathematical Analysis in Geography" and "Geomorphology". He also has done a paper dealing with the Early Chou Dynasty.

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MARY HUBER made a "field trip" to the Good Samaritan Hospital this summer for foot surgery, but reports she is tripping around satisfactorily now. She is carrying on a small private practice as Consultant to the Desert Hospital in Palm Springs and volunteering one day a week to the Palm Springs Stroke Activities Center, which she serves as a member of its advisory board. In November she attended the Speech Communications Association of America in New York City, where she was an active participant in the preconventoin conference on "Communication and Aging".

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GERALD SHEPHERD agrees with Rudy Sando about the "Rocking Chair Years" myth, to wit: "Francis Lord and I work in jewelry, photography and lapidary. We make rings, bolo ties, pendants and earrings. I'm the immediate past president and 'many trophies' winner in our table tennis club. I won all my matches in our summer league play; but no trophies given."

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HELEN BROCKLEHURST writes from Idyllwild claiming the "Absent-minded Professor of the Year Award". She drove to town one day late for the dinner and theatre party in May! (No deal, Helen; Bob Forbes makes that award once a month to a member of the Executive Committee). Helen wants to become a Life Member, after reading in the newsletter the names of 16 "special friends and close colleagues" she was surprised to see joining the emeriti ranks.

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SIDNEY ALBERT has been named to continue for another year his chairmanship of Committee E on Emeritus Status and Retirement of the California Conference of the American Association of University Professors. The committee, changed from an ad hoc to a standing committee, will make studies and offer recommendations on retirement matters to the AAUP organization. It was this committee which produced a Bill of Rights for emeriti faculty which has received national attention.