The Emeritimes

Publication of The Emeriti Association California State University, Los Angeles

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PRESIDENT'S MESSAGE



With this issue of *The Emeritimes* you are being sent a questionnaire concerning your life since retirement. We know that many of you are doing interesting and creative things with the time your retired status now affords you and we believe that it is not only entertaining but also helpful in other ways to share your experiences with us all. The catalyst for my composing this message was the virtual concurrence of two performance events involving emeriti that it has recently been my privilege to witness.

On Saturday evening, December 5, I attended a production in the State Playhouse of a staged reading with arias from Robert Strassburg's new opera, *Congo Square* (see review in this issue by F. Stahl). The complete opera itself has not yet to my knowledge been produced, but, based on what I saw and heard of it, it certainly deserves to be and doubtless will be one day. The opera depicts a crucial and emotional episode in the life of Walt Whitman, when, as a young man, he encountered the black slaves of New Orleans who congregated in a square of that city to sing of their hard lives and wounded souls. The arias were very beautiful and provided the singers, many of whom were Cal State L.A. students, with a challenging score, which they sang with skill and passion.

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FEBRUARY 9, 1999 MARKS 21ST EMERITI ANNIVERSARY

The Emeriti Association will celebrate its 21st anniversary on February 9 with a reception in the University Club restaurant from 3:00 to 5:00 p.m. As is customary, the Academic Senate will honor all emeriti at its meeting in King Hall Lecture Hall 2 prior to the reception, from 1:35 to 3:15 p.m. For those who will be on campus earlier, lunch will be available in the University Club restaurant.

BYLAWS CHANGE

At its meeting on November 12, the Emeriti Association Executive Committee passed an addition to the Bylaws which made associate membership open to long-term staff members who had worked closely with faculty, on their retirement. Such membership requires nomination and election by the Executive Committee. (The exact wording will be presented at the annual meeting and luncheon in May.)

Following adoption of this new bylaw, the committee unanimously elected Dorothy Gang, upon her retirement from the Office of the Provost. This action was announced at her retirement party the same week, and was a happily received surprise.

Prometheus Refound

"I know not where is that Promethean heat that can thy light relume"

—WS, Othello V, ii, 7

By Joseph Casanova

Unfortunately, on the evening of Sunday, August 9, the Promethean heat was indeed found. A fire began in one of the chemistry graduate laboratories on the seventh floor of the Physical Science building that evening and was discovered, fortunately, by one of several graduate students working late. The students prudently elected not to open the fire door and go into the lab but rather turned in the alarm and left the building. The fire department responded promptly and had the fire under control in about 40 minutes. However, given the presence of highly volatile materials necessary for organic chemical instructionally-related research, the fire became extremely intense, ruptured a water main, and, before the incident was over, four labs and two offices were completely gutted. Severe water damage was incurred from the seventh floor down to the sub-basement, with very intense smoke damage throughout the seventh floor, which houses the organic chemistry area. Quick thinking and action by the students who discovered the fire prevented any injuries.

The building was sealed off until environmental safety experts could remove the potentially toxic residues from the main fire area. Because the building was constructed in 1971, damage to the ceilings exposed asbestos which had been used in construction. The removal or immobilization of the asbestos created a serious asbestos abatement problem. After almost two weeks, faculty from the Geological Sciences, Physics and Astronomy, and Chemistry and Biochemistry departments were admitted on a limited time, controlled access basis to remove from their offices notes and materials

See PROMETHEUS REFOUND, Page 6

Emeriti Fellowship Winners



Emeriti fellowship winner Hieu Minh Duong (chemistry) and Jane Matson Memorial winner Yuko Mori (counseling) pose with Emeriti Association president Leon Schwartz, former Fellowship Fund chair Carol Smallenburg, and current chair Marie-Antoinette Zrimc, at fall luncheon.

The Emeritimes

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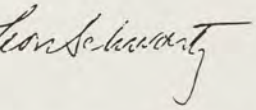
President's Message *(Continued from Page 1)*

The very next day I had the good fortune to attend another event, the opening of an art exhibit at Charles Borman's Village Square Gallery in Monrovia (see review by M. Gormly). Charles, or Chuck as his friends call him, installed his gallery shortly after his retirement in 1992. For this show he invited local artists, including himself and four other CSU emeriti, to display works on the theme of angels, a theme with considerable leeway for the creative imagination and certainly appropriate for this time of year. During the show I was able to speak to Chuck and to Ray Walden, formerly of our art department, and to Al Porter from CSU Fullerton. Besides discovering their work for the first time, I found to my surprise that Ray is practically a neighbor of mine and Al and I had both been friends of the late Altadena artist and teacher Joseph Mugnaini. I might never have met Ray and Al had Chuck not had his show and word of it reached me.

Both of these events enriched me in a variety of ways as I'm sure they did most of the people who attended them. As a specialist in French poetry and in the cultural interactions between French and American arts and letters, I found several things in *Congo Square* that resonated in me, especially the connection between Whitman and the black experience in America and the image of 19th-century France in the black slaves' mind as a refuge for all artists, slaves included. In Chuck Borman's gallery, I saw wonderfully imaginative visual metaphors of the concept of angels. Chuck, an old trout fisherman, depicted them as flying fish with trumpets. I'm sure that most fishermen would grasp the symbolism. The metaphorical use of art was one of the tenets of Joe Mugnaini's art theory and that is why I brought his name up in my conversation with Al Porter, whose angels with their fleet bodies, powerful wings, and sharp swords are very different from the cherubs we normally visualize and could be a metaphor for justice which demands its due.

How many more wonderful things can you, my fellow emeriti with your hidden (?) talents, teach me? I hope the responses to our questionnaire bring to the attention of all our emeriti the creative resources that exist amongst you. There are many, many ways our Emeriti Association can serve us. In my first message I wrote of our common interest in the past and future of our university. In this one I remind you all that we too as individuals have both a past *and* a future. Let us then continue to share our talents and to learn from one another.

May your New Year be one of wisdom and good fortune.



Professional and Personal

Walter Askin (Art) completed the Journal of the Los Angeles Printmaking Society for the organization he helped start many years ago. Askin and his wife, Elise (a Cal State L.A. alumna), gave two week-long workshops this past summer for the College Board on the Studio Arts Advanced Placement Program. One was at CSU Monterey Bay and the other took place at Iolani School in Honolulu. Anyone wishing to come out to the Askins' studio in Old Pasadena can call them at 626-796-2357 for more information.

* * * * *

Mary Gormly (Library) attended the 38th annual Convention of the Western History Association in Sacramento, October 14-17. She also has been elected president of the WAVES National Unit 19 which meets in Whittier. She and this WAVE unit were invited to participate in the City of Commerce Veterans Day Ceremony on November 11.

* * * * *

Ake Sandler (Political Science) was honored on November 7 by the Swedish-American Chamber of Commerce of Greater Los Angeles at the Eleventh Annual Eliason Awards Dinner at The Jonathan Club. The Eliason Merit Award is presented to individuals who have contributed significantly toward strengthening relations between the United States and Sweden in the areas of commerce, culture, science, or the arts.

* * * * *

Robert Strassburg (Music) has been very busy, especially in regard to his special interest, Walt Whitman. The east coast premiere of his *Walt Whitman Trilogy*—three poems from *Leaves of Grass* interpreted for the piano—will take place on February 14 in Lincoln Center's Alice Tully Hall, and will be played by his protégé, virtuoso pianist Edith Chen. On December 5, Cal State L.A. hosted a concert performance of his recently completed opera, *Congo Square*, under the direction of René Aravena, director of the Cal State L.A. Opera Workshop. The opera depicts Whitman's confrontation with slavery when he was editor of the *New Orleans Crescent* daily newspaper in 1848. In its three acts, *Congo Square* incorporates a diversity of music, African slave chants, spirituals, and minstrel and gospel music, as well as Cajun and Creole folk music.

Art Review

Angel Exhibit Takes Wing at Borman Studio

By Mary Gormly

"An Assortment of Angels" is the latest art show featured at Charles Borman's Village Square Gallery in Montrose (2418 Honolulu Avenue, Suite C). Four emeritus art faculty members—Walter Askin, Charles Borman, Roy Walden, and Lee Wexler—contributed their "angels" to the show. The angels are traditional, abstract, whimsical, and downright fun. Sculpture, painting, mixed media, and glass were used. Borman created fish guardian angels of wood, faintly painted. Several were called "Guardian Angels in Flight" and one, "Tenured Guardian Angel." Askin had a painting and several sculptures, one of which was entitled www.GuardianAngel.com—a wave of the future, perhaps. Wexler's angels were very abstract and luminous, made with egg tempura and gold leaf. There were also angels made from glass bottles and a number of small enameled angel pins. The show ran through January 9.

Evelyn Granville to Speak at April Colloquium

Evelyn Granville, who retired as professor of mathematics in 1984 and moved to Texas, will visit Cal State L.A. in April. Although she will be hosted by the Department of Mathematics and Computer Science, it is the sort of "homecoming" the Emeriti Association welcomes.

A faculty colloquium is being planned for her on Tuesday, April 20, at 3:15 p.m., following the Academic Senate meeting. It will be held in the University Club restaurant. Granville's colloquium address will be titled, "Can U.S. Schools Provide a High-Quality Mathematics Education for Every Child?"

Granville was the first African American woman to earn a Ph.D. at Yale, in 1949, following undergraduate study at Smith. She taught at Cal State L.A. from 1967 to her retirement.

Highlights of Strassburg Opera Sung at Cal State L.A. Gala

By Frieda Stahl

Congo Square began as a play, by Willard Manus and Andrew Horton, and has been transformed into an opera with the score composed by Robert Strassburg, emeritus professor of music. The playwrights also wrote the operatic libretto, in which major arias are Whitman's poems that fit the story line.

The opera portrays a brief period in Whitman's early career, when he went to New Orleans as a journalist in 1848 and encountered the reality of slavery. Selected scenes were sung on Saturday, December 5, in the Cal State L.A. State Playhouse, by members of the Opera



Workshop under the direction of René Aravena. An audience of students, staff and faculty, including many emeriti, responded enthusiastically to these highlights and gathered around afterward to congratulate both Strassburg and the principal librettist, Manus.

The score was played in a piano reduction by Twyla Meyer, staff pianist in the Department of Music, who also served as the music coach in preparing the cast. Although the instrumental color of the orchestral score could not be realized, the creative elements were readily manifest. Strassburg's music is sensitively keyed to the era as well as the place being portrayed.

He initially evokes the ambience of old New Orleans in passages quoting Louis Moreau Gottschalk, Louisiana's then-prominent composer. In the opening scene, Whitman settles into what now is the old part of the city, and subsequently discovers Congo Square, an area where slaves historically were permitted to meet on Sundays for social activities. There they congregated and sang of freedom. They were also allowed to see performances from the topmost balconies of theaters and opera houses. In this fictionalized representation, Whitman's sympathies for the slaves grow quickly; in a later scene he is warned of danger because of his views.

Strassburg depicts people and action lyrically, and the score moves stylistically from romanticism to evocations of spirituals and of gospel as needed to serve the portrayals. In addition to Whitman and his publisher, the characters include a composer, an opera singer, a slave owner, and a slave couple whose marriage is secret. Omar is still owned by the slaveholder, but Amedé has been freed. The other slaves constitute the chorus.

Omar is a singer who aspires to opera, presumably having seen some Sunday performances. The opera singer is introduced as his prospective teacher, and she sings a Whitman poem in a setting for which the accompaniment is a clever adaptation of the "Queen of the Night" aria from Mozart's *The Magic Flute*.

Comedy is followed with tragedy, including the execution of a runaway slave following his recapture. When Whitman interferes, the slave owner Devereaux challenges him to a duel. The composer, who is named Pierre Ulysses Baptiste in a thinly veiled allusion to Louis Moreau Gottschalk, cavalierly offers to substitute for Whitman, and is killed. Whitman mourns in Strassburg's setting of "I Saw in Louisiana a Live Oak Standing."

In the final act, Omar is beaten and threatened with hanging for his attempt to run away, and he and Amedé realize that escape is their only hope for a life together. At this point Amedé reveals her and Omar's marriage to Whitman, which leaves him with an unrequited love. After a poignant duet he aids their successful departure, and the opera's closing scene is the chorus' gospel-like "Amen." (Whitman, of course, returned north from his New Orleans sojourn and went on to write the poetry anticipated in the play and the opera.)

This production was funded by the American Vedanta Society and the OnLine World Wide Corporation, both of which were represented in the audience. Funds are now being sought for a complete performance, which will require far more to cover costumes and an orchestra in addition to singers. These highlights showed that the entire opera eminently merits production.

New Emeriti Named

Two recently retired faculty members have been awarded emeritus status:

STANLEY H. PINE
(Chemistry, 1964-1998)

M. RICHARD ROSEMAN
(Economics and Statistics, 1970-1996)

We welcome them as fellow emeriti and encourage them to play an active role in the Emeriti Association.

Health Briefs

Depression in Seniors

By Sally Farnham

Depression is one of the most common disorders of late life, but it is also one of the most treatable. Current estimates are that while only five percent of healthy seniors living independently suffer from depression at any given time, approximately 15 percent of elders do experience significant levels depression at some point in their lives. In addition, another 25 percent experience periods of sadness that last two weeks or longer. The incidence of depression for individuals living in nursing homes is estimated to be between 25 and 30 percent.

Depression in older adults often goes unacknowledged by the seniors themselves and is frequently under-diagnosed by the health care professionals who treat them. Ageism, which is a part of our youth-oriented society, contributes to the idea that to get old is, in and of itself, depressing. Therefore, it's normal to feel "depressed" as we age. Many of the more subtle signs of depression such as lack of energy, sleep disturbances (inability to sleep or sleeping too much), changes in appetite, problems with memory, and lack of interest and enjoyment in usual activities are mistakenly thought to be just a "normal part of getting old."

Depression frequently manifests itself differently in elders than it does in younger individuals. Some studies indicate that depressed elders are more apt to report somatic symptoms than depressed mood. This may be because of the association of the term "depression" with the stigma of mental illness. But it is also true that the depressed mood, most commonly associated with depression, may be less prominent in elders than somatic symptoms.

Unfortunately, health care professionals, including nurses and physicians, are not always educated to listen for and to recognize signs of depression in elders. This is particularly true of caregivers in residential centers and nursing homes.

Contributing Factors

Physical Illness. There is a strong correlation between the presence of physical illness in elders and depression. Elders are living longer and as a result many develop chronic medical conditions such as arthritis, diabetes, heart disease, and hypertension. The physical problems that arise from these conditions are distressing and can be "depressing" particularly when they are accompanied by pain.

Depression can also occur as a direct physiologic consequence of particular disorders—Parkinson's Disease, thyroid changes, mini strokes, and Alzheimer's disease. These conditions may cause symptoms such as fatigue, loss of appetite, sleep disturbances, and difficulty concentrating that mimic depression. This makes differential diagnosis difficult. However, feelings of failure and hopelessness, withdrawal from social activities, a desire to die, or thoughts of suicide are not a usual consequence of these illnesses and may be used to distinguish between symptoms related to the illness and those indicative of depression.

Problems with memory are a part of many physical conditions but most often these affect short-term memory rather than early or long-term memories. Depressed individuals, on the other hand, are more apt to have difficulty with both.

Medications. Most elders are taking a variety of medications for medical conditions on a regular basis. Many of these medications can also mimic or aggravate the signs of depression. Cardiovascular and antihypertensive drugs (diuretics, reserpine, Inderal, propranolol), hormones (corticotropin, glucocorticoids) and antiparkinsonians (Dopar, Larodopa) are some in this category. It is important for elders to request that their pharmacists provide them with detailed information on the side effects of the medications that they are taking.

Personal Losses and Life Circumstances. For most people, growing older is also accompanied by a variety of losses: the deaths of significant others—a husband, wife, partner, sibling and/or close friends, retirement with the loss of usual social networks, or changes in residence. All of these life events can significantly contribute to depression. This effect may be even more profound in those who are in poor health, who have had a family history of childhood losses, and who have experienced depression at a younger age. Changes in hearing, vision, and other physical conditions that impair mobility can also lead to a loss of independence and control, and increased feelings of social isolation and helplessness. The relationship between loss of physical function and depression is significant.

Holidays that have been identified with the gathering of family and friends and the anniversaries of the deaths of significant people in an elder's life may also be particularly painful times for elders living alone. Memories of these events may cause renewed feelings of grief and loneliness and, thus, contribute to depression.

Other Risk Factors for Depression in Elders. Numerous studies have identified that, among seniors, women are more likely than men to become depressed. However, elderly white men over the age of 85 are at the highest risk for suicide. Other factors, such as being unmarried or widowed, lacking a supportive social network, having stressful life events, and experiencing debilitating physical illness are also associated with depression in older adults.

Symptoms of Depression in Elders

Depression in elders includes a variety of physiological, cognitive and affective symptoms. As noted earlier, many seniors are more apt to report problems with constipation, sleep, appetite, aches and pains that do not respond to treatment and fatigue than they are to complain of depressed mood. However, feelings of sadness, emptiness, and loneliness as well as pessimism about the future are frequently present in depressed elders. Other symptoms include feelings of worthlessness and low self esteem, loss of interest or pleasure in ordinary activities including sex, difficulty with concentration and memory, and suicidal thoughts. In addition, it is not unusual for elders to attempt to deal with feelings of depression by "self medicating" with the overuse of alcohol and/or prescription drugs. Feeling occasionally "blue" or experiencing grief or sadness over real losses is a normal part of life. However, when these feelings are persistent and occupy more time than pleasurable ones, it may be a sign that intervention for depression is needed.

Treatment

Depression is one of the most treatable of all mental disorders and treatments for depression in elders are safe, effective, and available. Regardless of the cause of the depression, appropriate treatment can alleviate suffering and improve quality of life.

There are three major types of treatment for depression: psychotherapy, medication, and other biological therapies. Frequently these treatments are used in combination with one another. Medications are designed to alter the action of chemicals in the brain and can rapidly alleviate disturbing symptoms of depression such as depressed mood, sleep disturbances, decreased energy, and loss of appetite. Psychotherapy provides the opportunity to talk to a trained professional and can be extremely useful. Being able to discuss uncomfortable feelings and thoughts with an objective person can aid in relieving depression. Often, unresolved issues from the past can be identified, reexamined, and put into a new perspective.

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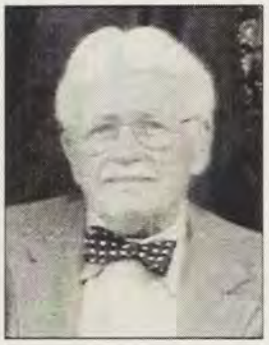
In Memoriam

ARTHUR J. BENSON

Associate Professor of Philosophy, 1960-1990

Arthur Jerome Benson, emeritus associate professor of philosophy, died on September 14 at the age of 81 after a tenacious seven-year battle with cancer. A senior member of the Philosophy Department at Cal State L.A., he joined the faculty in 1960, and after a three-decade period of distinguished service, retired in 1990. He spent his entire faculty career at Cal State L.A.

Born and raised in Canada, he received a B.A. in chemistry from the University of Toronto and an M.A. in philosophy from Columbia University, winning scholarships along



the way at both universities. Later he did extensive additional study at Harvard and the University of California, Berkeley.

Arthur's interests were extraordinarily comprehensive. In addition to his abilities in philosophy and chemistry, he was active in drama—engaging in writing, acting, and stagecraft. At the end of his academic career, his fascination with the theater led to three years of joyful participation in the University's opera productions.

Benson's scholarly endeavors focused increasingly on the philosophic work of his great teacher Rudolf Carnap. He edited a Carnap article for publication in a prominent journal. A revised and enlarged version was subsequently published on the eminent philosopher in 1975. He edited and annotated another Carnap essay in German on metaphysics. But it was as the indefatigable bibliographer of his mentor that Benson excelled. His major achievement was his lengthy annotated and authoritative "Bibliography of the Writings of Rudolf Carnap," published in *The Philosophy of Rudolf Carnap*, edited by Paul Arthur Schipp, Volume II of the world-renowned *Library of Living Philosophers* series. Also Arthur's passionate interest in books inspired him to heroic labor on behalf of the University Library in general and its philosophy component in particular. He chaired the University Library Policy Committee for many years, and as the Department's long-term library coordinator, built the Library's philosophy holdings into one of the best in the California State University system.

A gentleman and scholar, Benson was first and foremost a dedicated teacher, devoted both to the content of his courses and the students he instructed. A resolute defender of the highest academic standards, he was demanding of himself and those he taught—he was rigorous, meticulous, fair, helpful, and extraordinarily generous with his time. An apt assessment of our colleague as a philosopher was made by one of his former professors at Berkeley. In addition to declaring that Benson had "one of the best philosophic minds in the business," he pointedly remarked that "[Arthur] is just about *sui generis*."

LYLE HANNA

Professor of Education, 1960-1974

Lyle Hanna, emeritus professor of education, died at his home in Prescott, Arizona on August 7, at the age of 83. He was born February 12, 1915 in Tempe, a son of Frank and Lura (Wickliffe) Hanna. Lyle was a dairy farmer in Tempe before attending Arizona State University to become an educator. He taught school for many years in the Tempe/Phoenix area before moving to California in 1959 after he received his Ed.D. from Arizona State.

Hanna joined the Cal State L.A. faculty in 1960, where he taught educational administration. He also served as assistant dean of the division.

Following his retirement in 1974, he and his wife moved back to Arizona and established a real estate business, first in Phoenix and later in Prescott. He retired again in 1997.

Lyle was an active member of the Church of Jesus Christ of Latter-day Saints. He served as a counselor in a stake presidency, and a stake patriarch in four stakes. He had given almost 1,000 patriarchal blessings during his many years of ministry.

Hanna is survived by his wife Polly, daughter Tina, and son Richard, who continues in the realty firm. He also leaves three grandchildren and three great-grandchildren. The services in Tempe were private. Memorial donations may be made to Yavapai Regional Medical Center Hospice in Prescott.

RALPH MORITZ

Librarian, 1955-1975

Ralph Moritz was born in Waterloo, Iowa on November 16, 1912. He earned a bachelor's degree at Iowa State Teachers College (now the University of Northern Iowa) in Cedar Falls. He taught at the high school level for one year in a small Norwegian farming community in northeastern Iowa. He then enrolled the following year at the University of Denver's Library School and earned a graduate degree in library science.

Ralph's first position as a professional librarian was as cataloguer at Iowa State College (now Iowa State University) at Ames. During World War II, he served in the Army Intelligence Signal Corps in North Africa and Italy. Following the war, he worked for a short time at the Detroit Public Library before accepting a position in the Music Copyright Division of the Library of Congress where he remained for several years. During this time he was active in various choral groups at Washington National Cathedral.

Moritz was appointed to the Cal State L.A. faculty as catalog librarian in January 1955. He subsequently became the chief of cataloging services. He was active in the Music Library Association and was for many years the compiler of the annual index of the Association's publication, *Notes*. He retired in 1975.

In retirement, Ralph traveled extensively until his health deteriorated. He particularly enjoyed his trips to Italy. He was a talented pianist and continued to pursue his musical interests, particularly Wagnerian operas and the music of Bruckner.

Moritz died in August, leaving a sister in Florida and a younger brother in San Diego.

NORMAN L. FRIEDMAN

Professor of Sociology, 1968-1998

Norman L. Friedman, graduate adviser of the Department of Sociology, died November 4 at home, of cardiac arrest. Friedman came to Cal State L.A. in 1968, and has held many positions in the Department of Sociology, including chair, associate chair, principal adviser, and, most recently, graduate adviser. A popular professor, he was often sought after by students to serve on their M.A. thesis committees. He rarely turned them down, resulting in being the only faculty member who was on every thesis committee in the department for the past five years.

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Prometheus Refound (Continued from Page 1)

necessary for the preparation of fall classes.

By the week of October 21, the lower floors (basement through 6th) had been cleaned sufficiently and ceiling tiles replaced so that some areas could be occupied. That meant the Geological Sciences and Physics and Astronomy departments could return, although there had been extensive water damage to at least part of these lower floors. Chemistry and Biochemistry returned to the 5th and 6th floors, but the 7th and 8th floors remained sealed off for cleaning and restoration. There remained a layer of greasy black soot on everything—books, papers, and computers as well as laboratory equipment and chemicals. It was estimated that neither of these upper floors would be available for occupancy for at least the remainder of the fall term. All of the faculty offices, teaching labs, and instructionally-related research labs on these upper floors were closed for fall quarter.

As fall classes began in late September, many last-minute rearrangements were required to obtain classrooms, and more critically, laboratories for the classes scheduled to be conducted on the upper floors. The Department of Chemistry and Biochemistry is currently functioning with only one half of its ordinary classroom and laboratory space. Imaginative reconfiguration of office and laboratory space has been necessary to carry out some semblance of a normal program. Many lab and lecture classes normally held on the upper floors have been scheduled elsewhere for the winter quarter.

It is still unclear when organic faculty and students can return to their areas. The area most seriously damaged has been sealed off and it is presently uncertain when it will be rebuilt. The original hope was that the area, which had housed about 10 graduate students and a similar number of undergraduates engaged in instructionally-related research, would be rebuilt in about one year. The restoration of this area is now entangled with major remodeling associated with earthquake retrofitting of the Physical Science building. The latter may take place in two years or more. Delay in refitting this area will seriously interfere with the progress of many students in completing their degree programs. The possibility of leasing portable laboratory facilities for the interim is now being explored.

If there is any good news in this disruptive incident, it is that adversity has brought out the best in our faculty, staff, and students. The Biology and Microbiology Department cooperated fully in providing interim space in the early days following the fire. Faculty and students cooperated with each other in a very understanding way, staff performed their duties under very adverse circumstances, and department chairs, already harried by unreasonable demands on their time and energies, worked extra long hours to accommodate the new needs. In particular, the understanding and cooperation of Kevin Brady, the campus safety officer, helped many staff and faculty through this difficult period. Let us hope that this drama will parallel that of the Shelley drama, and that, as in *Prometheus Unbound*, a golden age will emerge as the outcome of this very untoward incident.

Health Briefs (Continued from Page 4)

A biological treatment such as electroconvulsive therapy may be recommended for severe depression that has not responded to other types of treatment. Current methods for such treatment make this therapy much safer and more comfortable than in the past. The use of light in treating depression has also had some beneficial results. This treatment is particularly useful for those individuals who notice that periods such as the winter months, when daylight hours are shorter, seem to heighten times of depression.

Some Final Suggestions

- Don't be embarrassed or ashamed about being depressed. Depression is a condition that can happen to anyone. It is not a moral failing.
- Don't wait to ask for help. Depression does not go away by itself and no one is too old to receive benefits from treatment.
- Do seek out the help of a health care or mental health professional, preferably one who is educated in the treatment of older individuals.
- Don't be afraid to ask questions about different methods of treatment for depression. Ask for information about the risks, side effects, and benefits of each. We are all individuals and what works well for one person may not be the best treatment for you.
- Do share with friends. Even close friends who care for you may not be aware of the times that may be most difficult for you. Sharing this with them allows them to give you support when you most need it.

In Memoriam (Continued from Page 5)

Besides being a dedicated teacher, Friedman also had a passion for acting. A member of the Screen Actors Guild, he appeared in a number of TV commercials and movies, including Arnold Schwarzenegger's *The Terminator*. He often delighted his classes on mass communications and public opinion by showing some of the film clips in which he appeared in various roles.



A productive scholar throughout his academic career, Friedman has more than 50 titles under his name. Some of his articles, such as "The Hollywood Actor: Occupational Culture, Career and Adaptation in a Buyers' Market Industry" (1990) and "Defining the Characters and their Situations in the Production of Television Culture" (1993), are good examples of how Friedman integrated his considerable inside knowledge of the entertainment industry into sociology scholarship.

Universally well-liked by his colleagues, Friedman was regarded as a "gentleman scholar." He was the "father figure" in the department, respected for his counsel, fairness, and institutional memories of the department.

Friedman is survived by his wife Susan, who is an adjunct faculty member in the Sociology Department, and daughters Rebecca and Shana. The family has requested any memorial donations be made to the Norman L. Friedman and Susan Schuller Friedman Memorial Scholarship Fund, in care of the Department of Sociology.

Oops!

The Fall 1998 issue of *The Emeritimes* incorrectly indicated that the late John Cox served as president of the Emeriti Association for 10 years, as reported in the *University Times* obituary. Cox coordinated activities and communications for the emeritus faculty in the School of Business and Economics.